

## Lunch, Meal Prep

# Greek Pasta Salad

SERVES: 5

PREP TIME: 15 minutes total

COOK TIME: 15 minutes total

## INGREDIENTS

- |                                                                             |                                                                             |
|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------|
| <input type="checkbox"/> 1 (16-oz) box of farfalle pasta (bow tie)          | <input type="checkbox"/> 1 bell pepper, diced                               |
| <input type="checkbox"/> 1 Tbsp. extra virgin olive oil                     | <input type="checkbox"/> ¼ c. sundried tomatoes, chopped into 1-inch pieces |
| <input type="checkbox"/> ½ jar artichokes in water, cut into smaller pieces | <input type="checkbox"/> ¼ c. crumbled feta cheese                          |
| <input type="checkbox"/> ¼ c. Kalamata olives, halved and pitted            | <input type="checkbox"/> 1 jar Greek dressing                               |

## DIRECTIONS

1. Cook pasta. Drain. Pour olive oil over the pasta, so it does not stick.
2. Add of the remaining ingredients except for the dressing.
3. Stir until the ingredients are combined.
4. If serving right away, pour the dressing over the pasta salad. Stir until everything is coated.
5. If you are going to use it for meal prep, divide it into fifths. Place in individual-size containers.  
Pour the dressing over the salad when you are ready to eat.

## NOTES

1. Use gluten-free pasta if you eat a gluten-free diet.
2. You can add either tuna or cooked chicken to your salad if you need protein.
3. Keeps for 4 days in the fridge.