

Meal Prep, Side dish, Salad, Gluten-free, Vegetarian

Black Bean and Corn Mexican Salad

SERVES: 2

PREP TIME: 5 minutes

COOK TIME: N/A

INGREDIENTS

- | | |
|--|--|
| <input type="checkbox"/> 2 c. lettuce blend | <input type="checkbox"/> 4 Tbsp. ranch or avocado cilantro Greek yogurt dressing |
| <input type="checkbox"/> ¼ to ½ c. black beans | <input type="checkbox"/> ¼ to ½ c. Pico de Gallo or salsa |
| <input type="checkbox"/> ¼ to ½ c. frozen corn, defrosted | <input type="checkbox"/> ¼ c. tortilla strips or crushed tortilla chips |
| <input type="checkbox"/> ½ c. queso fresco cheese or cotija cheese | <input type="checkbox"/> Optional: sliced avocado or sour cream |
-

DIRECTIONS

1. Place ½ of the lettuce blend in each bowl. Top with black beans and corn.
 2. In small containers, place the cheese, dressing, and Pico de Gallo or salsa. (6 total containers)
 3. When it's time to eat, assemble the salads and top with the tortilla strips or crushed tortilla chips, sliced avocado, or sour cream.
 4. Enjoy!
-

NOTES

You could also add olives to the salad and tomatoes.
Pickled red onions might also be good on the salad.

Believe in the Magic Traci
